Retina Specialists of Alabama

Phone: 205.933.2625 Website: www.retinalspecialistmd.com

POST OPERATIVE INSTRUCTIONS

Our physicians want to talk to your family immediately after your operation. If for any reason this does not occur, ask your family to have the nurse locate our physician. Do not leave the hospital until this is achieved.

- 1. You will be given instructions regarding your next appointment the day after surgery.
- 2. You will usually have a patch and shield over your operative eye when you awake from surgery. You will need to leave this on until our physicians see you the next day. Once you eye is un-patched, you should regularly take note of your vision and report if it decreases.
- 3. You <u>must</u> have someone who can drive you home from the hospital and to your appointment the following morning.
- 4. The person accompanying you should ask the hospital nurse to call the physician if you remain nauseated, are in pain or not alert. Please note that although we schedule your surgery on an outpatient basis certain symptoms may be grounds for the physician to keep you overnight.
- 5. Once you leave the hospital, your recovery will become primarily your responsibility. We are depending on you to notify us if you experience any problems including, but not limited to: *increasing pain, headaches* or *nausea*. Please call (205) 933-2625 or 1-800-292-8266 and ask for a technician or physician. We need to know about the symptoms as soon as possible and will probably ask you to come in and be seen by a physician. Please do not dismiss these symptoms as they may be an indicator of a potential complication. Our physicians stay on call 24 hours a day, 7 days a week.
- 6. DO NOT TRAVEL IN AN AIRPLANE IF YOU HAVE A GAS/AIR BUBBLE IN YOUR EYE!